

OVER 100 CONTACT POINTS

# Thai Spa Massage Cushion

*Instruction Manual*

Item #GM-8005



**GNC**  
LIVE WELL.

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## General Safety Precautions

- Always read the safety instructions carefully and keep this user guide for future reference.
- Follow the basic safety precautions for all electronic equipment when using this product.
- This product is not a toy. Do not let children play with it.
- The device is only for private use and is not intended for medical or commercial purposes.
- If you have any concern regarding your health, consult your doctor before using this product.
- This unit is not waterproof. Don't expose this product to rain or moisture.
- Do not leave the product unattended when plugged in. Unplug the product immediately from the main power after use.
- Do not place the device on delicate surfaces, as the Velcro fastener could potentially damage the surface.
- Make sure that the appliance is not too close to heat sources such as ovens, radiators or direct sunlight.

## Electrical Shock Warning

In order to avoid potential damage or injuries stemming from electrical shock:

- Do not operate this product when the cord or plug is damaged.
- Do not use the product if it is not working properly, dropped or damaged.
- Qualified persons must only carry out repairs to electrical appliances. Incorrect repairs can lead to considerable danger for the user. In the event of repairs, please contact our customer service or an authorized dealer.
- Don't disassemble this product. It doesn't contain parts that can be repaired by the user. Do not connect attachments, such as a power adapter, other than the ones supplied with the product. Do not drop or insert object into any opening.

- Do not place the basic unit in a damp room and keep at a distance of less than 6 feet away from a water source. Do not crush and avoid sharp folds.

**The device is only intended for the purpose described in this user guide. The manufacturer cannot be held liable for personal injuries or damages occurring as a result of inappropriate or careless use.**

Do not use the product for more than 15 minutes at a time. Extensive use could lead to long-term product damage. Never use the appliance during a thunderstorm. Do not use the massage cushion under a blanket or pillow. Excessive heating can occur and cause fire, electrocution and personal injury.

## **Additional Safety Precautions**

In order to avoid potential injuries or other damages do not use your massage cushion:

- On young children under the age of 16
- On persons suffering from a herniated disk or from abnormal changes to the vertebra.
- On persons who suffer from cardiovascular diseases or headaches.
- On persons afflicted with swelling, burns, inflammation, open wounds, fresh wounds, hematomas, bleeding or other injuries to the back or legs.
- During pregnancy.
- In bed or while sleeping.
- After taking medication or consuming alcohol (during reduced levels of awareness).
- On a person with insensitive skin or on a person with poor blood circulation.
- In a car.
- While operating machinery.
- If you are fitted with a cardiac pacemaker, implant or other aid.
- If you suffer from any of the following: common cold accompanied by fever, varicose veins, thrombosis, phlebitis, jaundice, diabetes, nervous system diseases (e.g. sciatica), tuberculosis, tumors, hemorrhoids, bruises or acute inflammation.

Close supervision is necessary when the appliance is used by or near invalids or disabled persons. Individuals with a pacemaker should consult their doctor before use. Do not use this product before sleeping. The massager has a stimulating effect and can delay sleep. When the unit is operating, do not touch the spinning massage mechanism with any other body part except your back. Only gentle force should be exerted against the unit in order to eliminate risk of injury. If the material or fabric covering the massage mechanism becomes torn or damaged, discontinue use. Never put any body part (fingers or hands) inside the interior of the unit.

## Introduction

Thank you for purchasing your Thai Spa Massage Cushion, item GM-8005.. The Thai Spa Massage Cushion contains internal electronic motors and gears designed to offer a comprehensive massage. The full intensity Thai massage function simulates a strong, stimulating massage. The massage cushion can be affixed to an office chair or any other suitable seating with a backrest (chair, sofa, or similar item). The handheld controller allows you to vary the type, location, and intensity of massage. Please read this manual first before using this device in order to get best results.

*Note: The colors and design of your device shown in this manual may vary slightly from the one you have.*

## Package Contents

- 1) GM-8005 Thai Spa Massage Cushion
- 2) User's Manual with Warranty Information

## About Thai Massage

Kneading massage was actually developed by Buddhist monks in Thailand. Gentle pressure is employed along the body's energy lines to increase flexibility, relieve muscle and joint tension and balance the body's energy systems. Thai massage is more energizing and rigorous than more classic forms of massage. This Thai Spa Massage Cushion has moving massage heads, which simulates the pressure and motions of a real Thai back massage.

## Setting Up Your Device

### ***1. Strapping to a Chair***

The massage cushion can be installed to almost any chair. Slip the straps over the seat or chair and adjust the fastening straps to secure the massager to prevent slippage.

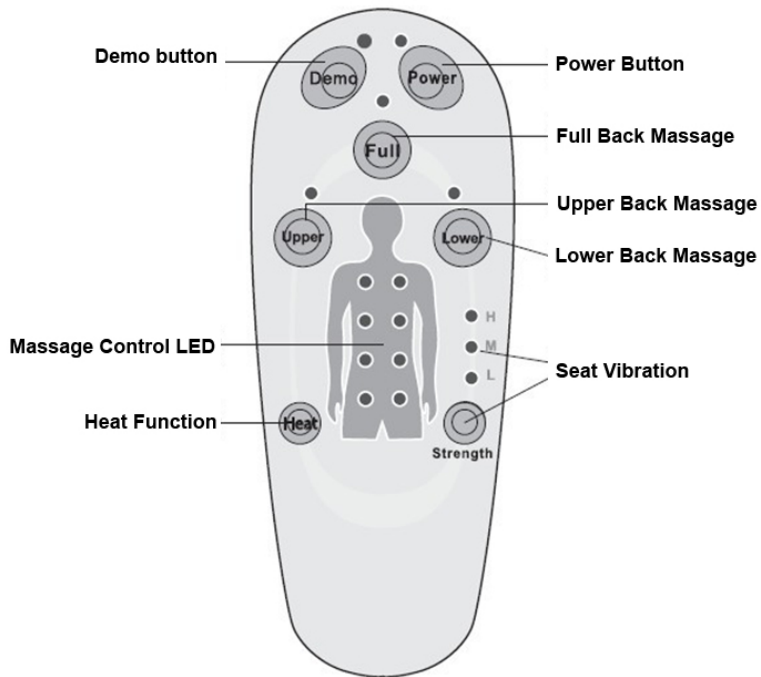
### **2. Powering Your Device**

In order to power your device, plug one end of the included power adaptor into a standard 110-volt power outlet and the other end into the adapter jack attached to the massage cushion.

The wall outlet for the power supply must be close and accessible.

**NOTE:** Only use the power adapter included with this product. Do not use other adapters, as they may damage the device.

## A Look at Your Device's Remote



**Power Button**

Press the power button to turn the unit on. The corresponding LED light will illuminate. Press the power button once again to turn the unit off. The corresponding LED will blink and the massage mechanism will return to its lowest point before switching off.

**Full Back Massage**

Press this button for a full back Thai massage. All massage control LEDs (VII) will illuminate. Press this button again to switch the massage off.

**Upper Back Massage**

Press this button for a massage of your upper back only. Only the 3 upper massage control LEDs (VII) will illuminate. The massage cushion will skip the lower back during your massage. Press this button again to switch the massager off.

**Lower Back Massage**

Press this button for a massage of your lower back only. Only the 3 lower massage control LEDs (VII) will illuminate. The massage cushion will skip the upper back during your massage. Press this button again to switch the massager off.

**Seat Vibration**

Press this button to activate the seat vibration massage function. The vibration motors in the seat portion of the cushion will turn on low-intensity mode and the corresponding LEDs (L) will illuminate. Press this button once again to switch to medium (M) intensity, again to switch to high (H) intensity, and then again to deactivate the seat vibration function.

**Heat Function**

Press the heat button to activate the heating function and the corresponding LEDs light will illuminate. Press the button again to turn the heat function off.



**The heat function cannot be turned on if you have not selected a massage program.**

### **Massage Control LED**

These LEDs will illuminate depending on the selected massage mode.

### **Demo button**

Press this button to demonstrate the features of the massage cushion.

There is a 15-minute auto shut off pre-programmed into the unit for your safety. When the massager is switched off, the massage mechanism will always return to its lowest position.

**When selecting the seat vibration together with the back massage, there will be a slight decrease in the intensity of the vibrations. This adjustment is perfectly normal and should not be misinterpreted as a defect.**

## Cleaning and Maintenance

### Cleaning Your Device

Disconnect the device and allow it to cool down. Clean it with a soft cloth or slightly damp sponge. Never allow that water or any other liquid to enter the device or accessories. Never use abrasive cleaners, brushes, gasoline,

### Storage Your Device

Do not wrap the power cord around the unit before storing. Store the massage cushion in its original box in a safe, dry and cool place. Store it out of the reach of children. Avoid contact with sharp edges or pointed objects, as this might damage the fabric. You can use the transportation screw for locking the massage mechanism. Be careful to remove it from the unit when switching it on again.

### Disposal of Your Device

At the end of the product's lifecycle, you should not throw this product into the normal household garbage. Bring the product to a collection point for recycling of electrical and electronic equipment. Some of the product materials can be re-used if you bring them to a recycling point. By reusing some parts or raw materials from used products, you make an important contribution to the protection of the environment. Please contact your local authorities in case you need more information on the collection points in your area.

# Sakar Warranty Card

## Sakar Warranty

This warranty covers the original consumer purchaser only and is not transferable.

This warranty covers products that fail to function properly **UNDER NORMAL USAGE**, due to defects in material or workmanship. Your product will be repaired at no charge for parts or labor for a period of one year.

## What Is Not Covered by Warranty

Damages or malfunctions not resulting from defects in material or workmanship and damages or malfunctions from other than normal use, including but limited to, repair by unauthorized parties, tampering, modification or accident.

## What To Do When Service Is Required

When returning your defective product (postage pre-paid) for service, your package should include:

1. Copy of original bill of sale
2. A detailed written description of the problem.
3. Your return address and telephone number (Daytime)

### MAIL TO ADDRESS BELOW:

#### In the U.S.

Sakar International  
Attention: Service Department  
195 Carter Drive  
Edison, NJ 08817

#### In the U.K.

Sakar UK  
2D Siskin Parkway East  
CV3 4PE, UK

You may also visit [sakar.com](http://sakar.com) for further assistance if necessary or call our technical support department toll free at 1-877-397-8200 in the US, or 0-800-917-4831 in the UK.